

Respect.....Resilience.....Kindness.....Effort

Newsletter No: 22

29th July, 2021

Life isn't about waiting for the storm to pass..... it's about learning to dance in the rain.

REMINDERS/NOTICES:

Tissues - Could all families please send along a box of tissues for class use.

A reminder that parents, carers, and visitors can enter school grounds only if necessary. Everyone must check in using the QR codes and wear a facemask.

Hot Lunches will be available on **Wednesdays & Fridays**. Students can bring along food that can be heated in the pie warmer. All food must be wrapped in foil with your child's name on it.

Breakfast Club will be held every Monday and Friday morning from 8:25am.

Students will need to bring their own bowl, plate, cup and cutlery.

CALENDAR

AUGUST

- Tue 3rd School Council Meeting 6pm **(New date)**
Tue 3rd - 100 days of school celebration (Grade P -3)
Thur 5th Curriculum Day **(To be rescheduled)**
Tue 27th School Council Meeting – 6pm
30th Aug – 1st Sept - School Camp – (Grades 3-6)

FROM THE ACTING PRINCIPAL

What a welcome sight it was to see everyone back on-site yesterday and to hear the laughter and chatter in the yard. Yesterday was all about the students reconnecting with each other, their teachers and settling back into the school routine again. Thank you once again for the tremendous effort you have put in supporting your child at home during remote learning. We understand that it's not an easy task for students, parents, or teachers. Can you please check at home for any charging cords lying around as we seem to be a significant number short?

Thank you for following the Department Operational Guidelines and not entering the school grounds unless necessary and wearing a mask when you do. Some of the other guidelines which we need to follow are no excursions, only camps with one school, and no inter-school sports.

The Curriculum Day which was set for next Thursday 5th August has also been postponed. On this day the teachers were planning to visit another school and observe literacy guru Andrea Hillbrick teach using some engaging activities, but schools are not allowed to have non-essential personnel on site. At this stage the Curriculum Day will be held in term 4.

Due to the guidelines, we are unfortunately unable to attend the upcoming camp as we were going with another school. We have rescheduled the camp to later in the term. The new dates are now 30th August to 1st September. The safety of our children is paramount. We will monitor the Covid 19 situation closely and will only go ahead with camp if we deem it safe to do so. Camp forms and payment details will be sent out next week.

Are you OK? If you would like to seek some extra support to get through these challenging times, I have included a list of contact numbers on Page 2 of this newsletter to help.

Tomorrow there will be a whole school assembly at 3.15pm. Hopefully weather dependent we will be able to hold the assembly at the flagpoles so that parents can join us over the fence. So please come along.

A friendly reminder that school Council is next Tuesday night, 3rd August at 6pm.

Congratulations to our term 2 Harcourts winners. They are all very worthy winners. Keep up the fabulous work. I wonder who will win the awards this term?

People first – Andrea Wasden

Fun & Laughter – Dahlia Cahill

Doing the right thing- Waka Wilson

Being Courageous – Rafferty Bowman



The Victorian Government is fast-tracking better mobile coverage and broadband through the \$550 million Connecting Victoria program. Connecting Victoria will focus on upgrading mobile coverage, improving 4G mobile coverage, helping more places become 5G ready, getting more Victorians access to business-grade broadband and improving access to safety information during bushfires and other emergencies. As part of the program the Government is asking people to help identify where mobile and broadband improvements are most needed. If you are experiencing a problem with mobile coverage or internet access. Please visit [Connecting Victoria | Engage Victoria](#).

Your insights will help us to better understand where mobile and broadband improvements are needed across the state. I have completed the survey for the school as we need better phone coverage especially during bushfire and other emergencies.

I will be sending the link out for the parent opinion survey today or tomorrow. So please keep an eye out in your inbox.

I thank you all for your continued support, flexibility, understanding and care during these difficult times.

Stay safe

Yours In Education,
Mrs Siobhan Gosney, Principal

be you

Mental Health Services and Support

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| <p>Beyond Blue</p> <p>24/7 mental health support service</p> <p>1300 22 4636 beyondblue.org.au</p> | <p>headspace</p> <p>Online support and counselling to young people aged 12 to 25</p> <p>1800 650 890 (9am- 1am daily) For webchat, visit: headspace.org.au/eheadspace</p> | <p>Kids Helpline</p> <p>24/7 crisis support and suicide prevention services for children and young people aged 5 to 25</p> <p>1800 55 1800 kidshelpline.com.au</p> | <p>1800RESPECT</p> <p>24/7 support for people impacted by sexual assault, domestic violence and abuse</p> <p>1800 737 732 1800respect.org.au</p> |
| <p>Lifeline</p> <p>24/7 crisis support and suicide prevention services</p> <p>13 11 14 lifeline.org.au</p> | <p>Suicide Call Back</p> <p>24/7 crisis support and counselling service for people affected by suicide</p> <p>1300 659 467 suicidecallbackservice.org.au</p> | <p>Mensline</p> <p>24/7 counselling service for men</p> <p>1300 78 99 78 mensline.org.au</p> | <p>QLife</p> <p>LGBTI peer support and referral</p> <p>1800 184 527 (6pm- 10pm daily) qlife.org.au (online chat 3pm- 12am daily)</p> |

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

EUREKA CLASS – GRADES P – 3

Welcome back everyone. A special mention goes to Harry Lewis for powering through to complete Map 12 on Reading Eggs; an outstanding effort for a prep student. Harry also receives his 100 nights of reading certificate! Congratulations Matilda and Charlie for outstanding efforts on your Olympic information posters during remote learning. You two are our stars this week. Thank you to parents who are taking an interest in the Olympics and sharing the learning about this event at home. Even if you are not a great sports enthusiast, there are many inspirational stories to be found in learning about particular athletes and the resilience, sacrifice and hard work that they have shown to achieve the honour of competing at the Olympics. They are generally great role models for children.

It was great to welcome all students back to school yesterday and see how happy they were to be with their friends and participating in learning activities in the classroom. We have a post box in our classroom now and children have begun writing shorts notes to each other. We are exploring what questions and statements are and how to say and write them. Our key topic for the next few weeks is 'Dogs'. We will be reading fiction and non-fiction texts about dogs to build a knowledge base about this topic for speaking, reading, and writing. Children are encouraged to bring in a favourite book about dogs to share with the class.

There is such excitement in children wanting to talk about their own dog, we decided a photo wall of family dogs would be a great idea! Please email or send a photo of the family dog/s with or without children. Not only will they be a great stimulus for writing, but we will also be able to do activities such as contrast and compare.

Older children are working on multiplication, younger children on adding groups and numbers to 100.

We are all looking forward to our first 100 days of school party on Tuesday August 3rd. Encourage your child to bring in a collection of 100 in preparation for the day. They will use their collection to do some number activities on the day.

The 100 days of school event celebrates the Prep's first 100 days of school and is a fun opportunity to do a lot of work around numbers to 100. Our theme this year is for children to come dressed as a 100 year old! Walking sticks, hats and old clothing come to mind for dress-ups and these can be improvised from home. Mrs Gosney tells me that there are props on this theme- wigs etc available at Kmart for reasonable prices.

I hope you enjoy the freedom post-lockdown this weekend,

PS: Please check at home for charging cords, plugs and passcode keyrings at home. We need them at school for the class to function efficiently.

Mrs East

LALOR CLASS – GRADES 4 – 6

Congratulations to Columbus and Adelaide, our Students of the Week, for the effort they put into their Savanna diorama. They were able to demonstrate their knowledge of this amazing part of Australia in a creative way.

The students are commended for their flexibility in bouncing from school to remote learning and back. We all increase our knowledge and skills about online technology each time, and most of the students are impressively self-sufficient. One of the beauties of students doing their work in Google Classroom is that I can actually view and edit the students' writing and hand it back to them, so they get instant feedback, and the corrections are on the page. This time around, I was able to use 'break-out' rooms on WebEx, so that the students could be grouped online to work on a task. Still, I appreciate more and more the collaborative learning and sharing that happens in the physical classroom.

In Literacy we are having a blitz on sentence structure and punctuation. One of the difficulties of the technical age is students using shortcut language, such as "i think u..." etc.

They have to learn that there are different protocols for language and that in school you are expected to use correct spelling and grammar.

Most of the Lalor students enjoy learning their multiplication facts with fluency and are trying to master the multiplication tables one at a time. If you would like to engage with this process, you can help by asking them which one they are focusing on: 4's, 6's etc. and ask them questions out of order on their chosen set. E.g: 7 4's, 3 4's etc

Let's hope that lockdown can be avoided for the rest of term!

Mrs Lyons



STUDENT REFLECTION

Coming out of Lockdown

In lockdown, it wasn't as exciting as school because we didn't have our friends, but at least we still had our siblings. When I got back to school I was very excited to see my friends again. I've enjoyed playing outside in the gaga pit and playing table tennis.

By Adelaide

I was really happy when I heard we were coming out of lockdown. I haven't enjoyed remote learning because it was hard to concentrate with all the animals. Since being back at school I've enjoyed seeing my friends. It's also easier learning at school because the teachers are around to help.

By Megan

I didn't mind remote learning because I found it easy to follow the plan and get the work done. When I heard we were coming out of lockdown I was looking forward to seeing my friends again. It is good to be back.

By Clare

The more of lockdown you do, the easier it gets to deal with it and do the work. Coming out of lockdown, I know there will probably be another one but I know I'll be able to cope with it. I liked coming back to school because you aren't stuck at home. I know we are lucky though compared to other people in Melbourne, because at least we have a big yard and space to move.

By Patrick

Hi everyone,

During the last school holidays I spent some time listening to podcasts of Brene Brown being interviewed by Oprah Winfrey (taken from Oprah's Super Soul Sunday). For this newsletter we'll take a short break from our 10 Parenting Tips, as I wanted to share with you something very special that I heard in one of these podcasts.

For those who perhaps haven't heard of Dr Brene Brown, she is a renowned social researcher whose work centres around understanding human connection, empathy, vulnerability, shame, and courage. I highly recommend her talks for your listening! Brene's focus of sharing her research and stories of working through these issues, opens the door for us to becoming more resilient thriving families and communities.

Here's a link to one of her YouTube videos: [The power of vulnerability | Brené Brown - YouTube](#)

In one of her books called 'Daring Greatly' she writes an inspiring and motivating **Parenting Manifesto**. You may need to sit down with a tissue box as you read this one!

All the best

Michael Lewis - Chaplain

ACTIVE KIDS

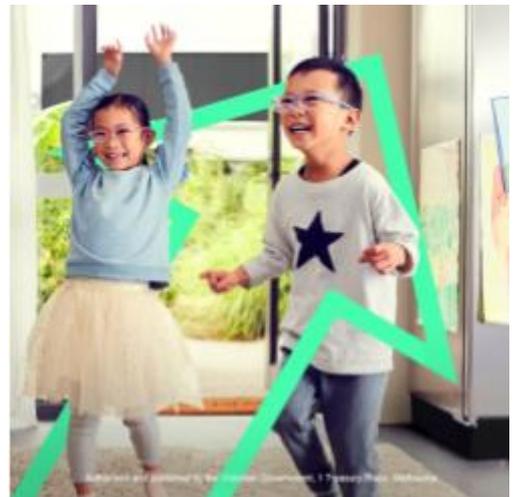
When children participate in regular physical activity, it boosts their physical and mental health and improves academic performance.

Physical activity throughout the day also improves concentration, and the ability to retain information and solve problems.

There are many benefits to being active and getting your move on, but a lot of children aren't moving enough, particularly while learning from home.

15 minutes 4 times a day is all it takes.

To help support your children to stay active while learning from home, families can access a range of free COVID Safe ideas to stay active and games through Get Active Victoria.



Families should remember that whatever gets children moving, gets them active.

Stars of the week

Eureka Class

Congratulations to:

Matilda Donald and Charlie Lewis for their outstanding efforts on their Olympic information posters during remote learning.

Lalor Class

Congratulation to:

Columbus Barton and Adelaide Donald for the effort they put into their Savanna Diorama.

To those who celebrate their Birthday this week.



There are no birthdays to celebrate this week.

MARC VAN

A friendly reminder that all Marc Van library books should be brought to school each fortnight. Please have a hunt around for any Marc Van books and return to school as soon as possible.

FUN FACTS

Did you know the modern Olympics first place medals were made of solid gold until 1912? So heavy! Today the gold medals only contain six grams of gold. To be more sustainable, this year, the Tokyo Olympics medals will all contain parts of old electronic devices donated by the citizens of Japan.

Kari O'Gorman

MARC Teacher- Outer Western Region

Base School: Balliang East Primary School, VIC

